
Vector Space Representation of Bluetooth Encounters for Mental Health Inference

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Abstract

Social interactions have multifaceted effects on individuals' mental health statuses, including mood and stress. As a proxy for the social environment, Bluetooth encounters detected by personal mobile devices have been used to improve mental health prediction and have shown preliminary success. In this paper, we propose a vector space model representation of Bluetooth encounters in which we convert encounters into spatiotemporal tokens within a multidimensional feature space. We discuss multiple token designs and feature value schemes and evaluate the predictive power of the resulting features for stress recognition tasks using the StudentLife and Friends & Family datasets. Our findings motivate further discussion and research on bag-of-words approaches for representing raw mobile sensing signals for health outcome inference.

Author Keywords

vector space model; Bluetooth encounters; mental health inference; mobile sensing

ACM Classification Keywords

H.1.2 [Models and Principles]: User/Machine Systems; J.3 [Life and Medical Sciences]: Health; J.4 [Social and Behavioral Sciences]: Psychology

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Introduction

Social interaction is a key modulator of mental health [3], although passive detection of social interaction in natural settings remains a challenge. Bluetooth encounters are triggered by physical proximity of personal mobile devices, and these encounters have been used as proxy signals of social interaction [6] within models that infer human social interaction and predict health outcomes [13]. Despite these positive results, feature representations for Bluetooth encounter data are still limited. To address this, we propose a vector space representation of Bluetooth encounter data suitable for mental health inference tasks. Vector space modeling originated in the field of information retrieval [10] as an approach to quantifying the content of textual documents. Each document in such a model is a real-valued vector with its elements representing words in the overall vocabulary. The resulting space of documents supports comparison, similarity measurement, and prediction of outcomes such as thematic category.

The present paper draws an analogy between a word in a vector space model of documents and a Bluetooth encounter between a subject's device and another device in the natural environment. Over time the subject's device encounters multiple other devices, forming a collection of Bluetooth encounters that are analogous to the text of a document. In broad terms, the resulting encounters proxy for the narrative of a subject's social interactions. The aim of the present paper is to study the relationship between this narrative and mental health outcomes. Concretely, we convert Bluetooth encounters (time and device identifier tuples) into spatiotemporal tokens and treat each token as a separate dimension in a feature space. Our approach provides a fine grained representation of a subject's Bluetooth encounters, and we hypothesize statistical correlations be-

tween locations in the vector space and mental health outcomes.

To the best of our knowledge, this paper is the first to apply vector space feature representations to Bluetooth encounter data for mental health inference. We propose and evaluate (1) Bluetooth encounter token designs including different combinations of temporal and spatial information; and (2) feature value weighting schemes such as binary value, term frequency (TF), and term frequency inverse document frequency (TFIDF) based on prediction performance in stress recognition tasks. We also compare our vector space features with two baseline feature groups: the Bluetooth network features studied in [13] and vector space features of non-Bluetooth-encounter mobile sensing data similar to those constructed in [5]. Finally, we propose future work with topic modeling and word embedding methods on our vector space model to discover meaningful clusters of behavioral patterns. With this study we hope to inspire further discussion and research on bag-of-words approaches to representing mobile sensing signals for more effective mental health inference and management.

Related Work

Automated Mental Health Inference

The need for timely, accurate, and unobtrusive mental health management motivates automated mental health inference and prediction using pervasive mobile sensing data. Researchers have found predictive power in a variety of mobile sensor data such as accelerometer, GPS, phone usage, SMS messages, and phone calls, targeting daily and momentary mental health statuses [8]. Most existing research focuses on characterizing a subject's intrapersonal behavior (e.g., place visits from GPS data, physical activity levels from accelerometer data) [11] whereas information about one's interpersonal social interactions has received less

attention despite abundant psychological and sociological studies linking such interactions to mental health [3].

Researchers have employed various sensors such as Bluetooth radio, radio-frequency identification (RFID), and infrared sensors to proxy for social interaction. Among these sensors, Bluetooth is the most widely available within mobile phones and does not require additional hardware beyond the phone itself. The primary use of such signals in related research is for reconstructing social networks within a group of individuals [6]. There is also some research using Bluetooth encounter data for mental health inference. Bogomolov et al. [2] implemented a set of nine Bluetooth encounter features covering encounter counts, entropy, and inter-encounter times in a daily stress estimation problem and found the Bluetooth features to be helpful. Wu et al. [13] investigated Bluetooth encounter network features in a momentary stress estimation task and found that these features improved prediction performance compared to several baselines. To the best of our knowledge, no existing work has proposed a vector space model of Bluetooth encounter signals and examined its utility in mental health inference applications, which is our main goal in this paper.

Vector Space Model of Mobile Sensing Data

When applied to mobile sensing data, the vector space model transforms raw sensor signals into tokens, and distinct tokens become orthogonal dimensions. Several studies have applied this approach to represent mobile sensing data and extract behavioral patterns. Eagle et al. created a vector space over time and locations for each subject [5]. They divided each day into 24 hourly bins, categorized each GPS location as *home*, *work*, *other*, or *no-signal*, and considered each hour-location pair as a binary-valued feature. Thus, an individual's daily movements are represented in a 24×4 -length vector. The authors then applied princi-

pal component analysis to reduce the dimensionality of the vector space, discovering salient components among the hour-location tokens that correspond with elements of an individual's daily routine. Do et al. [4] represented the proximity events among a group of co-workers using a vector space with each dimension being a distinct user-pair/time-of-the-day token, and then applied latent Dirichlet allocation (LDA) to the vector space to extract semantically coherent clusters. The clusters identified meaningful social communities within the group of co-workers. The goal of vector space modeling in these studies has been to understand human behavior through dimensionality reduction (whether PCA or LDA). In contrast, the present paper uses the vector space representation of Bluetooth encounters as a basis for predicting mental health outcomes.

Our Approach

Bluetooth Encounter Vector Space Model

Within a Bluetooth data stream, an encounter takes the form of a device identifier with a timestamp. Representing these encounters in a vector space entails treating each distinct type of Bluetooth encounter – a distinct device identifier at a distinct time – as a dimension. The rationale behind this is that each Bluetooth encounter may represent a meaningful real-life proximity or interaction event that has implications for a mental health outcome. Concretely, we codify such information as follows. First, we bin all timestamps by hour (e.g., “2013-03-29 00:02:42” would be binned to “hour00”) such that Bluetooth encounters that occurred within the same hour are given the same temporal label. Second, we concatenate the hour block information (e.g., “hour00”) with the encountered device identifier to create a Bluetooth encounter token, which takes the format of “[hour block]-[device ID]”. Alternatively, one may also choose to keep only the device identifier in the tokens and leave out the time, resulting in tokens with only the device

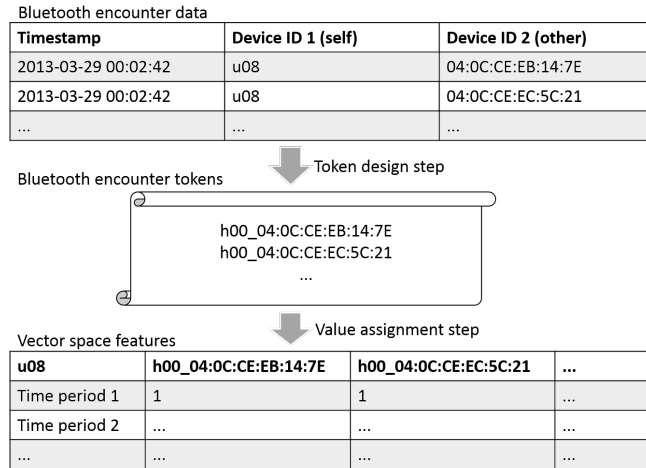


Figure 1: Illustration of vector space construction procedure. The upper table shows a sample of raw Bluetooth encounter data. The lower table shows the representation of time periods (analogous to documents) as vectors of time-device token frequencies (analogous to term frequencies).

identifier string itself. This treatment will further reduce the size of the resulting feature space. Figure 1 illustrates this process.

We assign values to the vector space features of Bluetooth encounters following the conventions of text-based vector space modeling. Specifically, we compute a binary token value, a token frequency (TF) value, and a token frequency inverse period frequency (TFIPF) value for each Bluetooth encounter in the vector space. Given multiple periods of time (e.g., multiple days) during which collections (documents) of Bluetooth encounters are detected by a subject's device, the binary token value is defined as 1 when a token appears in a document regardless of frequency and 0 oth-

erwise; token frequency is defined as the number of times a token appears within a particular period of time; and token frequency inverse period frequency is defined as token frequency multiplied by the natural logarithm of the ratio of the number of collections where a particular token appears to the total number of periods. These three sets of feature values will be used for further analyses and compared.

Token Augmentation with GPS Data

The encountered device and the encounter time are two pieces of information native to the Bluetooth data stream. One can also incorporate information from external sensors, when available, to enrich the vector space of Bluetooth encounters. In this paper we explore the augmentation of Bluetooth encounter tokens with GPS data and evaluate the resulting predictive value. Ideally, at the time of any Bluetooth encounter, a subject should have a location that is detectable by a GPS sensor; therefore, one can concatenate the GPS information with the [hour block]-[device ID] tokens to create richer tokens representing a Bluetooth encounter event, with one downside being an enlarged feature space. We encode GPS information through coordinate anonymization, which truncates significant digits of a GPS coordinate to map a raw coordinate (a point) to the rectangular area it belongs to such that no finer geographic information is retained. GPS coordinate anonymization is typically performed to protect user privacy in data transmission. In vector space construction it serves a purpose similar to binning timestamps.

Bluetooth Encounter Network Features

Creating a vector space model for Bluetooth encounters does not require any information other than what is available from the subject's device. However, in some cases other sensor data are provided by encountered devices. For example, when we have mobile sensing data from all stu-

dents who enroll in the same class in college, we will usually observe a Bluetooth encounter network encompassing multiple individuals as nodes and encounters between them as edges. This enriched network provides topological attributes of the local encounter network surrounding a subject as well as information on the social nature of a subject's encountered devices (e.g., are they familiar or fortuitous encounters, how many common encountered devices two encountering devices share). We previously proposed and evaluated three groups of Bluetooth encounter network features, namely structural, edge, and neighbor attributes (Tables 3-5 in [13]). These encounter network features will be used as a baseline for comparison with vector space features in the present paper. Intuitively, Bluetooth encounter network features take advantage of information about a subject's encountered "neighbors" in addition to the subject itself; therefore, we hypothesize these network features will produce higher performance than the vector space features, which only utilize the subject's encounter patterns and thus assume no knowledge of the behaviors of the encountered devices.

Baseline Vector Space Features

To measure the predictive value of Bluetooth encounter vector space features, we construct non-Bluetooth tokens containing only temporal and spatial information as a baseline feature group. We divide a day into 24 hourly bins, treat a subject's anonymized GPS locations as places, and create distinct hour-place pairs as separate dimensions in a vector space. For example, if a subject is detected to be at place A at 2:36pm, then feature/hour-place token [hour 14]-[place A] will be created and assigned value 1, otherwise 0. We will compare the performance of these spatiotemporal features alone versus their combination with Bluetooth encounter features in stress recognition tasks.

Hypotheses

The following hypotheses examine the predictive value of our Bluetooth encounter vector space features compared to non-Bluetooth, baseline features (Hypothesis 1) and Bluetooth encounter network features (Hypothesis 4) targeting personal stress outcomes. The hypotheses also investigate the implications of vector space design (Hypothesis 2) and feature value weighting scheme (Hypothesis 3) for prediction performance.

Hypothesis 1: Binary, device-only vector space features of Bluetooth encounters, when combined with baseline vector space features, predict personal stress levels more accurately than baseline vector space features alone.

Hypothesis 2: As the vector space token design of Bluetooth encounters changes from device-only to device-time to device-time-location, prediction performance targeting personal stress levels will increase.

Hypothesis 3: As the vector space feature weighting scheme changes from binary value to TF to TFIPF, prediction performance targeting personal stress levels will increase.

Hypothesis 4: Vector space features of Bluetooth encounters predict personal stress levels less effectively than the Bluetooth encounter network features [13].

Data

We use two mobile sensing datasets to test our hypotheses: (1) the StudentLife [12] dataset and the Friends & Family [1] dataset. The StudentLife dataset was collected from 49 Dartmouth college students who enrolled in the same class and contains Bluetooth encounters scanned every 10 minutes among them over two months. The Friends & Family dataset was collected from young faculty members and their spouses totalling 117 people who lived in the

same residential complex at a major research university in North America and contains Bluetooth encounters scanned every 5 minutes among them over 10 months. Bluetooth encounters in both datasets take the format shown in Figure 1. GPS data are available in both datasets although they are affine-transformed in the Friends & Family dataset.

Ground truth data on personal stress level is obtained through mobile phone surveys in both datasets but with different temporal resolutions. In the StudentLife dataset, stress level measurements are obtained through ecological momentary assessment (EMA) surveys deployed on the participants' smartphones multiple times per day at random times. The survey consists of a question with text "Right now, I am..." and 5 response options "feeling great", "feeling good", "a little stressed", "definitely stressed", and "stressed out". We consider the first two as non-stressed and the latter three as stressed. In the Friends & Family dataset, stress surveys are deployed at the end of each day soliciting an assessment of a participant's perceived stress level on the past day. The question reads "On a scale of 1 to 7, how stressed were you on [day] (with 1 being very unstressed, 4 being neither stressed nor unstressed, and 7 being very stressed)?" and as the question text suggests, participants are asked to choose among 7 options with 5,6,7 being a stressed response and 1,2,3,4 being a non-stressed response.

Experiments

To test Hypotheses 1-4, we perform predictive modeling targeting a categorical stressed/non-stressed response variable as discussed in Section *Data* using vector space features constructed following the descriptions in Section *Our Approach*. For the StudentLife dataset, we treat Bluetooth encounters detected within the 18-hour window leading up to each stress level self-report as a document. For

the Friends & Family dataset we treat the entire day corresponding to each end-of-day self-report as the time period associated with each document. We experiment with naive Bayes, support vector machine, and random forest classifiers. Random forest yielded the best results and we will only report performance by random forest in the next section. To evaluate the prediction results we adopt a subject specific leave-one-out cross validation setup where area under the ROC curve (AUC) is computed for each subject in each dataset.

Results

As shown in Table 1, incorporating Bluetooth encounter vector space features (binary valued, device-only tokens) improved prediction performance compared to spatiotemporal baseline features alone for both the momentary and the daily stress recognition tasks. This result supports Hypothesis 1 and our proposed vector space representation of Bluetooth encounter data for mental health inference.

Listed in Table 2 are the average AUC scores achieved by the three vector space token designs and the three feature value weighting schemes with the two datasets. The best performing group is the device-time-GPS tokens with TFIPF feature values for the momentary recognition task using the StudentLife dataset (AUC = 0.714) whereas the best performing group for the daily recognition task using Friends & Family dataset is the simpler binary valued device-only token features (AUC = 0.664). Our results do not support Hypothesis 2 or 3 as more sophisticated token design and feature value scheme did not result in better performance.

Comparing the best performance achieved across the three token designs, we found that device-time tokens performed poorer in both stress recognition tasks than device-only and device-time-GPS tokens. Our results were inconclusive re-

Table 1: Binary valued, device-only vector space features of Bluetooth encounters enhance stress recognition prediction performance (AUC).

Features	StudentLife (momentary)	Friends&Family (daily)
Hour-GPS	0.688	0.649
Hour-GPS + Bluetooth	0.714	0.662

garding the relative performance of the latter two designs. This suggests that the identity of one’s Bluetooth encounters drives the predictive power and the timestamp of the encounters introduces more noise to predictive modeling than the additional information it provides. In other words, whether one is in proximity of a particular device may matter more than when such proximity events occur, as far as the effect on one’s stress level is concerned. This result also indicates the value of geographic information in mental health inference, as the addition of GPS information in token design improved the performance of device-time tokens.

Comparing the best performance achieved with the three feature value weighting schemes, we found that TF is consistently the worst choice in both tasks with each token design. We expected that TFIPF would perform better than TF as in many text-based problems; however, TF did not outperform binary values in our tasks. Between results obtained with the two datasets, a shared pattern is that device-time tokens with TF feature values appear to be the worst choice when modeling personal stress outcomes, regardless of its temporal scale (momentary versus daily).

Table 3 compares the prediction performance of our best vector space features with Bluetooth network features as

Table 2: Predictive performance (AUC) with each vector space token design, feature value scheme, and dataset; the best value for each token design is bolded.

Token design	Weighting	StudentLife (momentary)	Friends&Family (daily)
Device-only	Binary	0.689	0.664
	TF	0.705	0.642
	TFIPF	0.711	0.654
Device-time	Binary	0.683	0.634
	TF	0.688	0.636
	TFIPF	0.709	0.643
Device-time-GPS	Binary	0.709	0.654
	TF	0.683	0.644
	TFIPF	0.714	0.649

Table 3: Predictive performance (AUC) comparison of vector space and network features of Bluetooth encounters.

Features	StudentLife (momentary)	Friends&Family (daily)
Best Vector Space	0.714	0.664
Network	0.735	0.631
Network + Best Vector Space	0.760	0.654

well as the two groups combined. For the momentary problem, Bluetooth network features performed better than vector space features, supporting Hypothesis 4 that information about behaviors of the devices (and by extension their users) encountered by a subject carries information regarding the subject’s mental health status. When the two feature spaces are combined, they achieved better performance than each alone. For the daily task, the comparison between vector space and network features is reversed. We suspect that the differences in these comparisons results

from the different degree of closeness of the social relationships between study participants in the two datasets. In the StudentLife study, participants are undergraduate students enrolled in the same class who likely have integrated social lives. We observed many non-participant Bluetooth encounters shared by these subjects. In contrast, in the Friends & Family study, the tie between participants is that they live in the same apartment complex, which might not include daily socialization events. Although Bluetooth encounter features can be computed regardless of the closeness of the network, the characteristics of a subject's Bluetooth encounter network are likely more indicative of health outcomes when the Bluetooth encounter network reflects proximity events with a higher proportion of a subject's social contacts. Testing this hypothesis is beyond the scope of this paper; however, this finding (1) validates the utility of vector space representation of Bluetooth signals especially when we do not have access to proximity network data of a subject's close social contacts (as in the case of Friends & Family dataset); and (2) motivates smart health researchers and practitioners to incorporate Bluetooth encounter network features [13] with vector space features proposed in this paper when data are available for a relatively close-knit group.

Concluding Remarks

This work proposes a vector space representation of Bluetooth encounter data for mental health inference and measures predictive utility in stress recognition tasks with two public datasets. Our results support Hypothesis 1 regarding the value of vector space representations of Bluetooth encounter data. Our results do not support Hypothesis 2 or 3, revealing implications of token design and feature value scheme for prediction performance. Lastly, our results partially support Hypothesis 4, indicating that closeness of social relationships could be a factor in Bluetooth encounter network features' predictive advantage over vector space

features.

We envision several directions of future research, as a vector space representation of Bluetooth encounters opens the door to several additional methods. Topic modeling might be used to extract clusters of proximity events that convey social insights. In particular, we anticipate the applicability of structural topic modeling (STM) [9], which allows the effect of a document-level covariate on the topic composition to be modeled. A fluctuating mental health status associated with a period of time from which a collection of Bluetooth encounters took place naturally serves as a document-level covariate. How such covariates (e.g., high or low stress levels) correlate with topical composition of Bluetooth encounters would be an interesting avenue of exploration. Moreover, word embedding methods [7] might be used to compute a weight vector for each token in a vector space, with higher degree of similarity between weight vectors indicating higher likelihood of token co-occurrence. Such weights may provide a useful representation for understanding human behavior and predicting health outcomes. Finally, the applicability of vector space representation extends to many mobile sensors beyond Bluetooth encounters (e.g., accelerometer and audio). Future discussion and research on bag-of-words approaches to representing raw mobile sensing signals for intelligent health inference would further validate and extend our preliminary results.

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